

A Message from Dan Manginelli

Did The Change Stick?



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At the beginning of the year most of us decided to make changes for a better year and life. As we enter the third month we are realizing those changes are not easy. Change equals stress and uncertainty but we all know it's necessary for us to be and have what we want from our lives. David Bowie advised us to "Turn and Face it", REO Speedwagon told us to "Roll with it" and Tupac assured us "It's time to make them".

This week look at the last couple of months and write down the changes you have made and the effect they have had on your journey. Then look at the changes you started but stopped and what effect they have had on your achievements. I believe the secret to making positive transformations and doing the things you know you should is action. Don't overthink things - just do it!

It will be uncomfortable, but once you get past the initial feeling you will realize you can do it. The challenge then becomes sticking with it. Quitting is easy, discipline is hard. Don't just be another starter/stopper or a talker, be a Doer. Life is filled with people who want to change but don't have the guts to do it! This week identify the changes you started but stopped and get back on track. Saying is easy but the doing is where success is! Take the challenge and make this week count!

Sincerely,

Daniel Manginelli - Founder/Owner
Manginelli Group



You can get more information about me at ManginelliGroup.com and for more motivation, you can purchase my book "Wake Up! Jumpstart The Life You've Always Had In Mind". See the link below.

Upcoming Events

March 11, 2016 - Lead Generation

First American Title

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Tempe AZ

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